## **Ohio Dominican University Completion Guide**

## CSCC Associate of Applied Science – Exercise Science Major - to ODU Bachelor of Science – Exercise Science: 120 Semester Credit Hours

Effective Fall 2012 – Summer 2015

This document is an unofficial, informational guide. Courses in parenthesis are recommendations – other courses may be available. You may review Ohio Dominican's **COURSE CATALOG** for transfer policies and degree requirements.

Please note this document may change via final academic departmental approval.

Columbus State Community College Associate of Applied Science - Exercise Science Major							
		unit		Applied Science -	LXCI		
	<u>First Semester</u>		Second Semester		_	Summer Semester	
	SES 1100 Personal Fitness Concepts					SES 2437 Health Promotion	
	·			Intro to Psychology		SES 2440 Exercise Physiology	
	ENGL 1100 Composition I ☐ SES 1101 Intro			S		SES 2415 Adv. Strength & Resistance	
	MATH 1148 College Algebra		BIO 2300 Human An	atomy		BIO 2232 Human Physiology	
	COLS 1100 First Year Exp. Seminar		SES XXXX (1002, 100	04, 1005, 1006,			
	1008, 1009, o			)			
	Third Semester		Fourth Semester				
	SES 2535 Sport Law	П	SES 2441 Kinesiology				
	NGL 2367 Composition II SES 2442 Exer. Presc. &						
	•			· ·			
	<b>SES 2426</b> Athletic Inj. Cont. & First Aid						
	SES 2438 Fitness Concepts: Lifespan						
	SBS XXXX Select One						
	Ohio Dominican University Bachelor of Science Completion						
	<u>Fifth Semester</u>			Sixth Semester:			
	•			BIO 342 Human Physiology			
	•			EXSC 354 Exercise Physiology			
	· · · · · · · · · · · · · · · · · · ·			EXSC 480 Exercise Testing and Prescription			
	MTH 140 Intro to Statistics			CORE 379: What is Justice?			
	THL (100 Level)			PHL (100 Level)			
	<b>HST or Literature Course</b> (one course	e)*					
	<u>Seventh Semester</u>			Eighth Semester			
				EXSC Elective (select from list)			
				EXSC Elective (select from list)			
				PSY/PHY/PEH Elective (select from list)			
				PHY/PEH Elective (select from list)			
	SPM Elective (select from list)			PEH Elective (select from list)			
	PHL (200 Level) Art/Music/Theatre (one course)*					ne course)*	
Select at least three courses from the list: Select at least three courses from the list:							
	BIO 252 Human Nutrition	e iist				lopment: Lifespan	
						•	
				PHY 119 & 120 College Physics I & II -OR- PHY 219 & 220 General Physics I & II			
				PEH 100 Activities (maximum 4 semester credits)			
	EXSC 210 FKG Analysis			PEH 122 First Aid			
	EVSC 310 Metan Learning			PEH 241 The Prevention and Care of Athletic Injuries			
	EXSC 370 Biomechanics			renzar merre	venti	on and care of Atmetic injuries	
	<b>EXSC 497</b> Internship in Exercise Scien	ce		Select one cours	e fro	m the list:	
			_	SPM 110 Sport M			
	(If not completed at CSCC)*			SPM 140 Sport P			
	(3 1					and Facility Management	
	Notes: One Art/Music/Theatre course is required: one course in History and one course in Literature is required.						